

Slow N' Steady Program (Aftercare Program)

This program is offered to all participants. We endeavor to provide all participants with a plan designed to suit individuals. Participants may choose if they wish to receive services from 1-12 months.

Programs offered include:

- Goal Setting Programs
- Building Healthy Relationships
- Self Care Programs
- Building Strong Foundations- Life Skills
- Time Management
- Stress Management
- Meal Planning
- Budgeting 101
- Coping with Grief and Loss
- Family Trees
- Parenting Skills- Traditional Parenting Styles- Cultural Team
- Intergenerational Trauma



Niijaansinaanik Child and Family Services (NCFS) is a culture-based organization responsive to the holistic needs of all children, youth, and families. NCFS provides services that reflect values, beliefs, and principles rooted within the Anishinabek culture.

Let's keep our children
in our communities!



Niijaansinaanik Child and Family Services

Prevention Services Team
Toll-Free: 1-855-223-5558

niijcfs.com



Who We Serve:
Henvey Inlet, Dokis,
Magnetawan, Shawanaga,
Wasauksing, and Wahnapiatae.

*Indigenous and Inuit children,
youth and families in the
Nipissing and Parry Sound
Districts.

Niijaansinaanik Child and Family Services are members of the Association of Native Child and Family Services Agencies of Ontario (ANCFSAO) and the Ontario Association of Children's Aid Societies of Ontario (OACAS).

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Niijaansinaanik
OUR CHILDREN

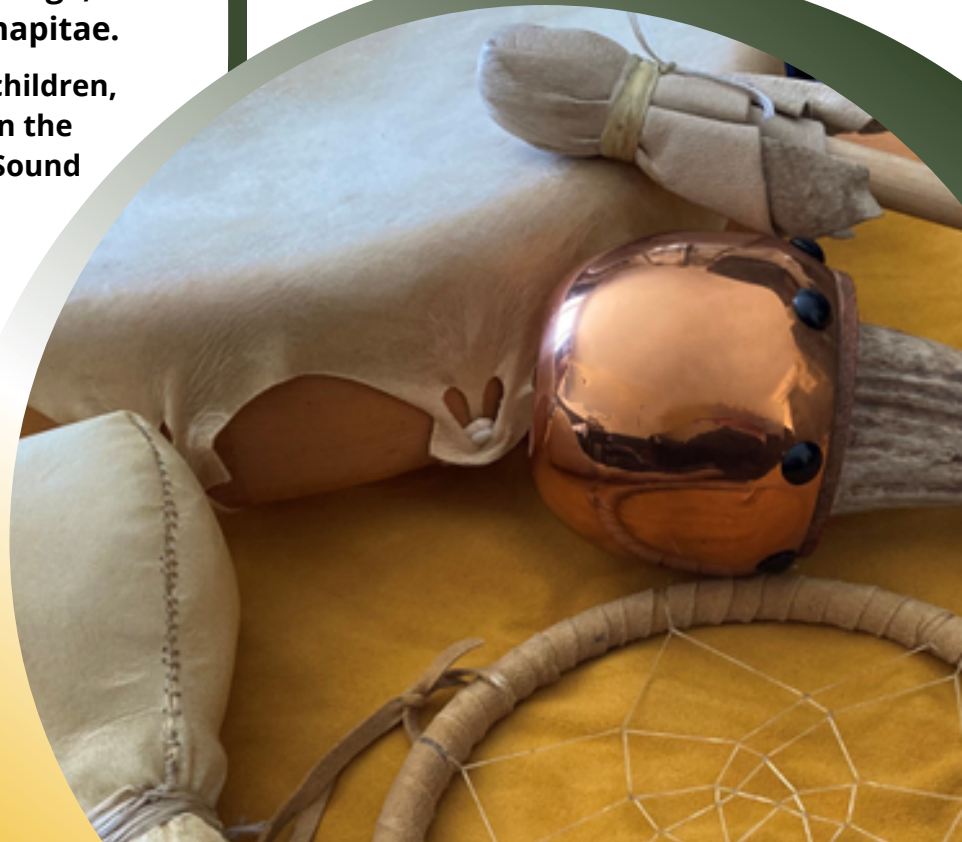


Onaakonan Mino-Awaawinan
Planning for Wellness

Prevention Services



Niijaansinaanik
Child and Family Services



Universal Turtle Sacred Shell Concept

The relationship with the Turtle is very sacred. The Turtle is a reminder of our connection to creation and Mother Earth. She shares the knowledge and understanding of our people, and while we are carried on her back, we are guided, safe, loved, and nourished. When we have to learn lessons of life, she gently pushes us off her back, so we may walk on our own journey and continue our Earth Walk, while carrying our own children on our back.

The Universal Turtle Sacred Shell Concept assists children, youth and families create a visual tool to communicate their hopes, needs, goals, and objectives. This tool helps create a collaborative plan and reminds us of responsibilities, community connections, and the importance of creating and maintaining connections to culture and healing. The Sacred Shell is a reminder of our teachings, the interconnectedness of all, and serves as a visual guide on our Earth Walk to Mino Bimaadiziwin: *The Good Life*.

What are Prevention Services ?

Supporting, promoting, and working alongside existing community prevention programs.

Niijaansinaanik Child and Family Services, in collaboration with its member communities, will assist at supporting, promoting, and working alongside existing community prevention programs. Our vision is to ensure that all our member communities have necessary prevention programs that are meeting the unique, cultural, and individual needs of each community to enhance the lives of children, youth and families.

The Rights of Anishinaabe Children and Youth are inherent and forever in all care practices.




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nijcfs.com/services/prevention-services

Prevention Team

Maamwi Gdoo-Bwaajigemin

Together We Dream

-  Provides departments with supports to assist participants to customize their Sacred Shell Concept and Participant Portfolio.
-  All participants will be assigned a Prevention worker, dedicated to customizing the Sacred Shell Concept and Participant Portfolio.
-  Prevention Workers will assist and liaison with community partners with Program enhancements and team supports.
-  Assist member communities with programming, co-facilitate workshops, and other requests.
-  Incorporate new programs in partnership with other First Nation Family Support and Well-Being Workers/Programs.
-  Anyone within our Territory wishing to utilize our service can fill out a referral form.