



# Niijaansinaanik

Child and Family Services

## Alternative Care Newsletter



*ODE'IMINI GIIZIS*



*Strawberry Moon*

### June 2024

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# Cultural Connections

## Ode'imini Giizis - Strawberry Moon

Full Moon: June 22, 2024

Ahniin, Boozhoo Kina Weya,

In the Anishinaabe calendar, June marks the arrival of Ode'imini-Giizis, the Strawberry Moon. As the strawberries ripen and blanket the earth with their sweetness, this moon symbolizes abundance, growth, and renewal. It's a time of harvesting, when communities to come together to collect the fruits of their labor and give thanks for the bountiful gifts provided by Mother Earth. Ode'imini-Giizis serves as a reminder of the interconnectedness between all living beings and the natural world, fostering a deep appreciation for the cycles of life and the importance of harmony with the land.

Na'how, Miigwetch,  
Culture Team

### Office Closure

June 21, 2024 for National Aboriginal Day  
July 1, 2024 for Canada Day  
August 5, 2024 for Civic Provincial Holiday

Our After Hours Team  
will be available for  
emergencies  
at 1-855-223-5558



### June 2024 - Indigenous History Month

#### June 21, 2023 - National Indigenous Peoples Day

It's a special occasion to learn more about the rich and diverse cultures, voices, to recognize the heritage and outstanding achievements of Indigenous peoples in Canada.

### June 2024 - PRIDE Month

#### Niizh Manidoowag Two Spirit

Two-Spirit, a translation of the Anishinaabemowin term *niizh manidoowag*, refers to a person who embodies both a masculine and feminine spirit. Activist Albert McLeod developed the term in 1990 to broadly reference Indigenous peoples in the lesbian, gay, bisexual, transgender and queer (LGBTQ) community.

(Oct. 29, 2015. Source: [www.uwinnipeg.ca/awards-distinctions/honorary-doctorate/mcleod.html](http://www.uwinnipeg.ca/awards-distinctions/honorary-doctorate/mcleod.html))



This is a safe space  
Mii yi enchi-zhaabwiiyan

# Alternative Care Upcoming Training

To attend any training, please register at [registration@nijcfs.com](mailto:registration@nijcfs.com) or contact: 1 (855) 223-5558 ext. 3005

## STANDARD FIRST AID + CPR C CLASS

Offered by St. Johns Ambulance 8:30am – 4:30pm (both days)

North Bay  
2024

- June 12/13
- June 26/27
- July 3/4
- July 17/18
- July 31/Aug 1
- Aug 14/15
- Aug 28/29
- Sept 9/10
- Sept 23/24



Sudbury  
2024

- June 12/13
- June 26/27
- July 3/4
- July 17/18
- July 31/Aug 1
- Aug 14/15
- Aug 28/29
- Sept 4/5
- Sept 18/19



*Did you know...  
That all training  
listed is part of the  
Licensing  
Requirement*

## CULTURAL COMPETENCY

- Zoom

Offered by Dnaagdawenmag Binnoojiiyag Child & Family Services

June 10 - 10:00am - 2:30pm

September 17/18 - 10:00am - 12:00pm

October 21/23 - 6:00pm - 8:00pm

November 13 - 10:00am - 2:30pm

December 3/5 - 10:00am - 12:00pm

## SPIRIT PRE-SERVICE

One-on-One training  
now available



## TRAUMA INFORMED CARE

Delivered by The Child and Parent Resource Institute (CPRI) is a free three (3) module training webinar series about Trauma-Informed Care for caregivers who are caring for children and youth. This training takes approximately 8 hours. (2hours each + surveys)

Link and step-by-step guide how  
to register will be emailed

Caregivers and staff must register individually so that they can provide their contact information and we can verify attendance. Agencies, please send the following registration link with your caregivers and staff.

Registration Link: [To Register Click Here](#)

## CAR SEAT SAFETY

For more information please contact your Alternative Care Worker for arrangements.

## NON-VIOLENT CRISIS INTERVENTION

▶ Time: 9:00am to 4:00pm ● October 26/27: Location TBD



# For Children & Youth



**Niijaansinaanik**  
Child and Family Services

# Stay Safe

for children & youth

# FIRST AID & CPR TRAINING

**Registration Required.**

**Shawanaga Healing Centre**  
19 Shebeshekong Road North

Lunch will be served.  
No cost for registration.

**Facilitator:** *Sophie Picard*

**All Welcome!**  
*(Children & Youth from communities served\*, affiliates and other areas)*  
*\*Wahnapiatae, Dokis, Henvey Inlet, Wasauksing, Shawanaga, Magnetawan First Nations considered first.*



Course information available at:  
[alliancefirstaid.com/red-cross-courses](http://alliancefirstaid.com/red-cross-courses)

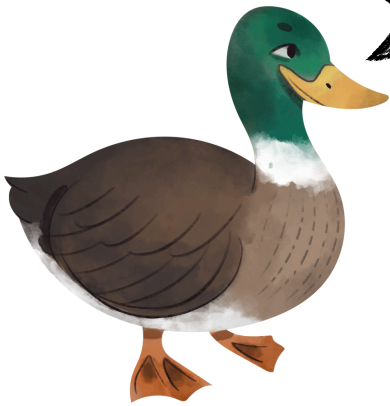
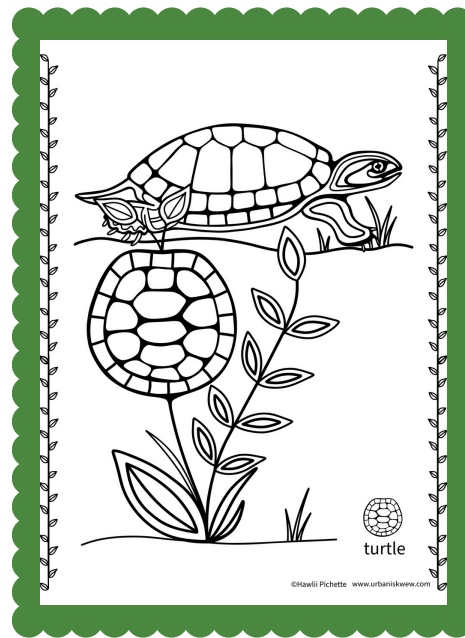
<b>(Standard First Aid/CPR/C)</b> <b>Ages 16+</b>	<b>Stay Safe</b> <b>Ages 9+</b>
<b>Saturday, June 8 and Sunday, June 9</b> <b>9a.m. to 5p.m.</b>	<b>Monday, June 10, 2024</b> <b>9a.m. to 4:00p.m.</b>
Learn Standard First Aid, and cardiopulmonary resuscitation (CPR) skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies. Demonstrated use of an automated external defibrillator (AED), opioid poisoning awareness information and more.	Teaches age-appropriate skills, increasing and reinforcing a youth's capacity to improve safety. Check, Call, Care (includes phoning EMS/911), recovery position, conscious choking (adult/child/alone), feeling unwell, asthma, and more. How to stay safe at home and within the community. How to prepare, recognize and respond to unexpected situations, (i.e. inclement weather, strangers, unanticipated visits) and more.

**REGISTER TODAY - SPOTS LIMITED**  
**1-855-223-5558 EXT. 8004 - [JOSHUA.PAWIS@NIJCFCS.COM](http://JOSHUA.PAWIS@NIJCFCS.COM)**

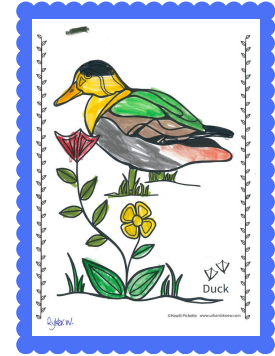
# Children's Colouring

Turtle, Artwork by Hawlii Pichette

Prize: \$25 Walmart Gift Card  
Submission Date: June 27, 2024  
to your Alternative Care Worker  
Draw Date: July 2, 2024  
[Colouring Page here](#)



## May Art Work



All ages and skill levels are encouraged to submit to get entry to the draw. Raffle winners will be notified.

## Family Engagement Activity

Theme: June outdoor activity – submit picture or drawing

Prize: \$50 Walmart Gift Card

Submission Date: June 27, 2024 to your Alternative Care Worker

Draw Date: July 1, 2024

### WE ARE LOOKING FOR ALTERNATIVE CARE, EMERGENCY & RESPITE HOMES!

Did you know... if you refer a family member or a friend to become a caregiver and they complete the assessment and are approved you will receive a \$50.00 Gift Card.

Contact Lillian Couchie at [lillian.couchie@nijcfs.com](mailto:lillian.couchie@nijcfs.com) or 855-223-5558 ext. 3003.

# CULTURAL EVENTS

To attend any cultural events, please **register** at [registration@niijcfcs.com](mailto:registration@niijcfcs.com) or, contact: 1 (855) 223-5558 ext. 1201

★ **Event only offered to Alternative Care Homes**

## June, 2024 - Birch Bark Harvesting with Perry

Please watch your email for more details of this event.

### June 24, 2024 - Full Moon Ceremony

**Open to the communities**

5:00pm - 7:00pm

Location: Niijaansinaanik Trailer

1120 Geewadin Rd Wasauksing Arbor.

Please register by Thursday June 20, 2024

### June 27, 2024

**Anishinaabemowin Bingo - In Person**

**Open to the communities**

5:00pm to 7:00pm

Location: 10 Miller St. Parry Sound ON

Please register by Monday June 24, 2024

## BINOOJIIYAG GBESHWIN CHILDREN'S CAMP

Ages 7yrs to 15 yrs

**First Camp: July 30 - August 1, 2024**

**Second Camp: August 13 - 15, 2024**

Save  
THE  
Date

**Hosted by:**  
Cultural, Children in Care,  
Alternative Care, and Prevention Workers

**Location:**  
Spirit Point Wilderness Academy and  
Camp Mink Lake Road, Trout Creek, ON

**Registration form now available  
ask your Child Care or Alternative Care worker**

# ***Anishinaabemdaa - Let's speak/talk Ojibway***

Source: <https://www.nativetech.org/shinob/ojibwelanguage.html>

**Niibin - Summer**

**Gitigan – Garden**

**Gitigaywininiwug – Planters (People who plant)**

**Gitigayminon – Seeds**

**Binayshee – Bird**

**Papasay – Woodpecker**

**Ziishiib - Duck**

**Gigoon – Fish**

**Maygwayyawk - Forests**

**Geesis – Sun**

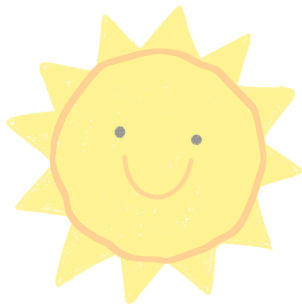
**Nigwaankot - Cloudy**

**Wabun Ahnung – Morning Star**

**Ahnung - Star**

**Neebageesis - Moon**

**Mizheekay – Turtle**



## ***6 Bike Safety Tips***



- Wear a proper fitted helmet
- Adjust your bicycle to fit
- Use appropriate hand signals
- Stop for all stop signs
- Always cross at intersections
- Use bike lanes whenever you can

## **POW WOW DATES**

**June 8/9: Henvey Inlet First Nation**

**June 8/9: North Bay Indigenous Friendship Centre, North Bay ON**

**June 22/23: Dokis First Nation**

**August 17/18: Shawanaga First Nation**

**August 17/18: Wahnapiatae First Nation**

See more: [anishinabek.ca/Flipbooks/2024PowWowGuide.html](https://anishinabek.ca/Flipbooks/2024PowWowGuide.html)



# WIISINAADAA! LET'S EAT!

## Haudenosaunee Strawberry Drink



By: Lauren J. Mapp

### INGREDIENTS:

🍓 2 pints of fresh strawberries

🍓 2 TBS sugar

🍓 Fresh, filtered Water (enough to fill pitcher)

### RECIPE:

1

Remove leaves from strawberries, then slice them lengthwise.

2

Save 6 strawberries-worth of slices and mash remaining strawberries with a fork, muddler or potato masher.

3

Mix sugar with mashed strawberries, and then add the mixture and sliced strawberries to a 1 gallon pitcher.

4

Fill the remainder of the pitcher with fresh water and enjoy.  
Can be served chilled or over ice.

**Note:** You can omit the sugar if you desire a less sweet or healthier juice. You can also substitute agave syrup, maple sap (not syrup) or honey for the sugar - just add a little at a time until it is the desired level of sweetness.



## Contact us

We love to hear from you.

Your role as a caregiver is crucial in many aspects. Thank you for choosing to be a care provider and making a sincere difference in the lives of many. Thank you for believing in our Agency and helping keep Indigenous children in our/your communities. Together we can provide positive and healthy experiences for children and youth, who can grow up with true and strong connections.

Miigwetch!



1-855-223-5558



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