

# Niijaansinaanik Child and Family Services

# Alternative Care **Newsletter**

# **June 2025**

WAABGONII GIIZIS

**Blooming Moon** 

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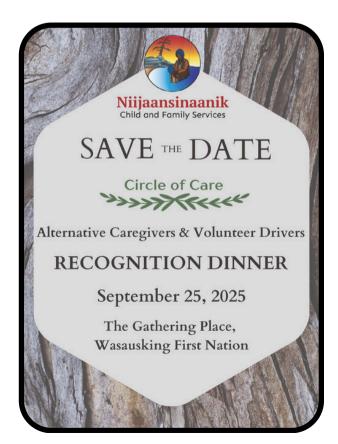
# **CULTURAL CONNECTIONS**

Waabgonii Giizis - Blooming Moon Full Moon: June 11, 2025

#### Ahniin, Boozhoo Kina Weya,

Waabgonii Giizis, known as the Blooming Moon, marks the moon cycle in May. In Anishinaabe tradition, this moon signals a time of renewal, growth, and the return of vibrant life to the land. The Earth awakens from its long rest, and the spirits of the plants rise again, bringing beauty and medicine back to our world.

This is the time when flowers begin to bloom in full, birds return, and the forests and fields come alive with color and sound. It is a reminder of our connection to all living things and the importance of caring for the land that sustains us.



Waabgonii Giizis is also a time for planting, preparing the gardens, and giving thanks for the gifts of new life. Spiritually, this moon teaches us about hope, healing, and the gentle strength found in growth and transformation.

#### Na'how, Miigwetch, *Culture Team*

# **Office Closure**

June 20 - National Indigenous Peoples Day July 1 - Canada Day August 4 - Civic Provincial Day September 1 - Labour Day September 30 - National Day for Truth and Reconciliation

Our After Hours Team will be available for emergencies at 1-855-223-5558

# **UPCOMING DATES OF OBSERVANCE**



# **National Indigenous People Day**

June 21<sup>st</sup> - National Indigenous Peoples Day is a day recognizing and celebrating the cultures and contributions of the First Nations, Inuit, and Métis Indigenous peoples of Canada.



# **ALTERNATIVE CARE UPCOMING TRAINING**

To attend any training, please register at registration@niijcfs.com or contact: 1 (855) 223-5558

## Standard First Aid + CPR C class

Offered by St. Johns Ambulance 8:30am - 4:30pm (both days)

<u>North Bay</u>	<u>Sudbur</u>
2025	202
<ul> <li>June 4/5</li> </ul>	• June 11/
• June 10/11	<ul> <li>June 25</li> </ul>
• June 16/17	<ul> <li>July 16/1</li> </ul>
• June 24/25	<ul> <li>July 30/</li> </ul>
• July 2/3	
• July 10/11	
• July 16/17	

- July 22/23
- July 28/29

<u>Suabury</u>		
	2025	
•	June 11/12	
•	June 25/26	
•	July 16/17	
٠	July 30/31	

One Day	Renewal
8:30am -	- 5:30pm
<u>North Bay</u> • June 27 • July 25	Sudbury • June 26 • July 10

NOTE: For a renewal you cannot have expired

## **Trauma Informed Care**

Delivered by The Child and Parent Resource Institute (CPRI) is a free three (3) module training webinar series about Trauma-Informed Care for caregivers who are caring for children and youth. This training takes approximately 8 hours. (2hours each + surveys)

> Link and step-by-step guide how to register will be emailed

### Non-Violent Crisis Intervention

To Be Determined

#### **Car Seat Safety**

For more information please contact your Alternative Care Worker for arrangements.



Did you know... That all training listed is part of the Licensing Requirement.

# **Cultural Competency**

Offered by

Dnaagdawenmag Binnoojiiyag Child & Family Services

- May 24, 2025: 10:00am 3:00pm
- June 19, 2025: 10:00am 3:00pm
- Sept 23, 2025: 6:00pm 8:00pm
- Sept 25, 2025: 4:30pm 6:00pm
- Oct 18, 2025: 10:00am 3:00pm

Caregivers must register individually provide their contact information. Should you require assistance please contact your worker.

**Registration Link: To Register Click Here** 

#### We are looking for Alternative Care, Emergency & Respite Homes!

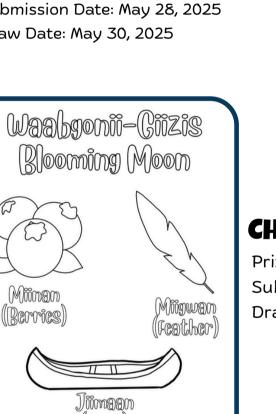
Did you know... if you refer a family member or a friend to become a caregiver and they complete the assessment and are approved you will receive a \$50.00 Gift Card.

Contact us at 1-855-223-5558

# **ALTERNATIVE CARE ACTIVITIES**

# FAMILY ENGAGEMENT ACTIVITY

Theme: Nature Scavenger Hunt, Send a photo of the completed sheet to your worker Prize: \$50 Walmart Gift Card Submission Date: May 28, 2025 Draw Date: May 30, 2025



# colour me in once found Image: colour me in once found

**Nature Hunt** 

# **CHILDREN'S COLOURING**

Prize: \$25 Walmart Gift Card Submission Date: May 28, 2025 to your worker Draw Date: May 30, 2025

All ages and skill levels are encouraged to submit to get entry to the draw. Raffle winners will be notified.

(Roat)





MAY Art Work



# 5

# **MAY 2025 CULTURAL EVENTS**

## Rooted Traditions: Prepping Outdoor Gardens (Ages 5+)

(Ages 5-12 MUST be accompanied by a caregiver or worker)

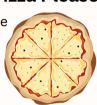


June 5 at Land's Office Basement (Youth Center), Henvey Inlet First Nation Time: 6:00 - 7:30 pm **REGISTRATION DUE: Monday June 2, 2025** 



Lil' Cooks Academy (Ages 7 -12) "Say Cheese & Pizza Please!"

 Monday June 16 at Shawanaga First Nation Healing Centre 19 Shebeshekong Rd N, Nobel ON Time: 4:00 - 6:00 pm
 REGISTRATION DEADLINE: Friday June 13, 2025



## Men's Fire Gathering (Ages 10+)

- Dokis First Nation, Giiwejwan Traditional Grounds Fire Arbour, June 12, 2025 6:00-7:30pm
  - Shawanaga First Nation, Niijaansinaanik Arbour, June 26, 6:00-7:30pm





## Honouring the Water: Summer Camp (Ages 8-17)

Camp Petawachuan, Dokis First Nation - July 14-17, 2025 Please register with your worker **DEADLINE to register Friday June 6, 2025** 

## see attached flyers for more information

To attend any Cultural program or event, registration is required, please ask your worker for more information and to register.

# WIISINAADAA! LET'S EAT!

## WILD RICE & BERRY SALAD

#### **INGREDIENTS:**

- 1 cup of wild rice
- ¼ cup of blueberries
- $\frac{1}{4}$  of sliced strawberries
- <sup>1</sup>/<sub>4</sub> of maple syrup

#### INSTRUCTIONS:

- Bring water to a boil, add wild rice and boil until 1 kernels pop open & "curl" at ends
- 2 Drain rice fully and let cool
- 3 Rinse and slice berries
- Mix in 1/4 cup of maple syrup
- Mix in your berries and enjoy!

## Anishinaabemdaa Let's speak/talk Ojibway

Niibin	•••	Summer
Jiimaan	•••	Boat
Wiigwaas Jiimaan	•••	Birch bark canoe
Miinan	•••	Berries
Zaawaa	•••	Yellow
Mno-giizhgad	•••	It is a nice day
Dewegan	•••	Drum
Mkizinah	•••	Moccasins
Miigwan	•••	Feather



## **Contact us**

We love to hear from you.

Your role as a caregiver is crucial in many aspects. Thank you for choosing to be a care provider and making a sincere difference in the lives of many. Thank you for believing in our Agency and helping keep Indigenous children in our/your communities. Together we can provide positive and healthy experiences for children and youth, who can grow up with true and strong connections.

Miigwetch!



855-223-5558



niijcfs.com



Gwen Dokis, Mental Health Worker mentalhealth@dokis.ca and/or 705-763-2112



Anaiyah, Cultural Coordinator cultural.hc@shawanagafirstnation.ca and/or 705-366-2378

